



ABOUT Jean O'Brian

Jean O'Brian uses her unique combination of executive experience, leadership energy and comprehensive hands-on Human Resources expertise to help others achieve career success.

Her highly acclaimed Executive Presence program is the result of 25 years of cultivating skills that promote and enhance business performance and productivity. Over the years she has worked closely with hundreds of professionals to nurture career growth and avoid career-limiting situations.

The essence of her Executive Presence program is now presented in her book *Impress for Success: Eleven Essentials People Skills for Your Career*. It is a reference book meant to be read and used over and over for generations X, Y, and Next to professionally excel. The book includes Jean's experiences, insights and knowledge that took years to learn but are distilled here in a quick and easy read.

Throughout her career Jean has coached hundreds of people at all levels within companies, government agencies, educational, medical and legal institutions and renowned career consulting organizations. She has worked with men and women just beginning their career to professionals in visible C-suite positions. She is well regarded for her ability to quickly and thoroughly evaluate organizational objectives, needs and expectations and then integrate new behaviors that best realize individual potential and organizational goals. A vibrant communicator with a commitment to quality, Jean conducts group programs and one-on-one coaching sessions and speaks at events, conferences, and seminars.

Jean holds a Bachelor of Science degree in Community Development from The Pennsylvania State University. She is certified as a Myers-Briggs Type Indicator coach and trained to administer and coach several additional personality and leadership instruments. Additionally, she is certified as a Professional in Human Resources and an Executive Business Etiquette coach and trainer, and she has completed intensive Public Speaking training.

Jean O'Brien... j-obrien@the-obrien-group.com ... 703-978-3396 or 703-638-2520... www.the-obrien-group.com